

Activity Timetable

2019

Monday	Activity	Age	Time	Contact
	Casual main hall bookings	NA	16:30-18:30 21:30-22:30	Wyndham Leisure Centre - 01953 607171 https://leisure.south-norfolk.gov.uk
Tuesday	Casual main hall bookings	NA	18:30-19:30 21:30-22:30	Wyndham Leisure Centre - 01953 607171 https://leisure.south-norfolk.gov.uk
	Badminton Courses	8-11 12-15	16:30-17:30 17:30-18:30	Wyndham Leisure Centre - 01953 607171
	No Strings Badminton	13+	19:30-21:30	Wyndham Leisure Centre - 01953 607171
	Trampoline Courses	5-15 16+	17:00-20:00 20:00-21:00	Wyndham Leisure Centre - 01953 607171
	Stardance - Elite Dance Group	12+	18:00-19:00	The Stardance Company - 07766 406542 stardancecompany@icloud.com www.stardance-company.co.uk
Wednesday	Casual main hall bookings	NA	16:30-22:30	Wyndham Leisure Centre - 01953 607171 https://leisure.south-norfolk.gov.uk
	Lunchtime badminton	Adult	13:20-14:00 (term time) 12:30-13:30 (holidays)	Wyndham Leisure Centre - 01953 607171
	ESKA Karate	4- Adult	16:30-20:30	ESKA - 01603 418751/ 07540 394516 www.eska.co.uk
	Social Badminton	Adult	20:30-22:30	Colin - 07749 264081 colingreengrass1952@talktalk.net
	Stardance - Street Dance	Adult	20:00-21:00	The Stardance Company - 07766 406542 stardancecompany@icloud.com www.stardance-company.co.uk
Thursday	Casual main hall bookings	NA	16:30-18:30 19:30-22:30	Wyndham Leisure Centre - 01953 607171 https://leisure.south-norfolk.gov.uk
	Stardance - Street Dance	8-13	17:00-18:00	The Stardance Company - 07766 406542 stardancecompany@icloud.com www.stardance-company.co.uk
Friday	Casual main hall bookings	NA	16:30-22:30	Wyndham Leisure Centre - 01953 607171 https://leisure.south-norfolk.gov.uk
	Lunchtime badminton	Adult	13:20-14:00 (term time) 12:30-13:30 (holidays)	Wyndham Leisure Centre - 01953 607171
	Wyndham Tennis Club	Jnr	16:00-18:00	Sam - 07919 405752 Samhowletttennis@yahoo.co.uk
	Kuk Sool Won	5 - Adult	18:00-21:00	Chris - 07787 121287 chris.wints@psmail.net
	Stardance - Street Dance	4-7	17:00-17:45	The Stardance Company - 07766 406542 stardancecompany@icloud.com www.stardance-company.co.uk
	No Strings Badminton	13+	19:30-21:30	Wyndham Leisure Centre - 01953 607171



Saturday

Casual main hall bookings	NA	8:00-13:00 18:00-20:00	Wymondham Leisure Centre - 01953 607171 https://leisure.south-norfolk.gov.uk
ESKA Karate	4- Adult	9:00-11:00	ESKA - 01603 418751/ 07540 394516 www.eska.co.uk
Roller Skating	Beginners	13:30-14:45	Wymondham Leisure Centre - 01953 607171 www.south-norfolk.gov.uk/roller-skating
Roller Skating	Intermediate	15:00-16:30	Wymondham Leisure Centre - 01953 607171 www.south-norfolk.gov.uk/roller-skating
Roller Skating	Advanced	16:35-18:00	Wymondham Leisure Centre - 01953 607171 www.south-norfolk.gov.uk/roller-skating
Roller Skating Hockey	Advanced	18:00-19:00	Wymondham Leisure Centre - 01953 607171 www.south-norfolk.gov.uk/roller-skating

Sunday

Casual main hall bookings	NA	8:00-13:00 17:00-20:00	Wymondham Leisure Centre - 01953 607171 https://leisure.south-norfolk.gov.uk
Roller Skating	Beginners	13:30-14:45	Wymondham Leisure Centre - 01953 607171 www.south-norfolk.gov.uk/roller-skating
Roller Skating	Intermediate & Advanced	15:00-16:30	Wymondham Leisure Centre - 01953 607171 www.south-norfolk.gov.uk/roller-skating
Norwich Water Polo Club	10+	18:00-20:00	admiral.west@btinternet.com

south-norfolk.gov.uk/leisure
Tel: 01953 607171