

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aldi	Monday to Saturday 30mins before opening E&V. Sunday 30mins before opening NHS, Social Care & Emer. Check opening times with individual store, search online for details of nearest store.						
Asda	8-9am NHS & Social Care		8-9am NHS & Social Care		8-9am NHS & Social Care		9-10am NHS & Social Care
Co-op	Dedicated hour for E&V, those that care for them and NHS workers, check with individual store, search online for details of nearest store						
Iceland	The last hour of trade dedicated to NHS workers, check with individual store, search online for details of nearest store						
M&S	8-9am E&V	8-9am NHS, Social Care & Emer		8-9am E&V	8-9am NHS, Social Care & Emer		
Morrisons	6-7am NHS	6-7am NHS	6-7am NHS	6-7am NHS	6-7am NHS	6-7am NHS	9-9.30am NHS
Sainsbury's	7.30-8am NHS & Social Care	7.30-8am NHS & Social Care	7.30-8am NHS & Social Care	7.30-8am NHS & Social Care	7.30-8am NHS & Social Care	7.30-8am NHS & Social Care	
	8-9am E&V		8-9am E&V		8-9am E&V		
Tesco	9-10am E&V	9-10am NHS	9-10am E&V	9-10am NHS	9-10am E&V		9-10am NHS
Waitrose	7.30-8.30am E&V	7.30-8.30am E&V	7.30-8.30am E&V	7.30-8.30am E&V	7.30-8.30am E&V	7.30-8.30am E&V	10-11am E&V

E&V – these are times during which those who are elderly and/or vulnerable are given priority in the store.

NHS – these are times during which NHS ID holders (and in some cases social care staff) are given priority in the store.