Pool Guidelines

For health, safety and hygiene please:

- Follow any instructions from our lifeguards
- Shower first
- Walk rather than run
- Consider others with your choice of swimwear
- Use only the pool equipment provided by us or agreed with your swimming club
- Don’t bring drinking glasses or containers into the pool or spa areas
- Supervise children in your care and no more than 2 children under 8 to one adult
- Wear shoe covers if you are spectating at the pool or using the pool changing rooms
- Use the lockers provided for valuables and clothes.
- Snorkel mask, face masks or mermaid tails are not permitted during public sessions