

Diss Swim and Fitness Centre Fitness Price List



Diss Swim & Fitness Centre
01379 652754

www.south-norfolk.gov.uk

South Norfolk
COUNCIL 

Diss Swim and Fitness Centre Fitness Price List



Adult	Price	P2L
Pre-paid monthly*	£41.00	£24.60
Gym Only (DD Monthly)	£27.00	£16.20
Gym (per session)*	£5.00	£3.00
Class (per session)	£4.50	£2.70
Gym and Swim* (per session)	£6.50	£3.90

* plus £10 admin fee payable.



Pre-Paid Monthly

Membership is paid in advance at the centre. This option covers unlimited access to the gym, classes and swimming/steam/sauna and spa.

Casual Fitness

This is a pay as you go option and is available for classes and swimming. The fitness suite can also be used on a casual basis, however an induction must be carried out prior to use.

Gym Only

This membership is payable by direct debit and covers unlimited access to the gym at the Leisure Centre